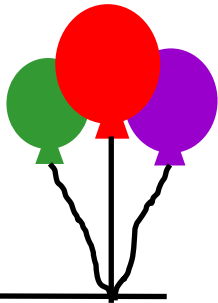


Due to timing of deliveries fresh produce will be limited the first week of January.

Tuesday January 3	Wednesday January 4	Thursday January 5	Friday January 6
<u>CHOOSE ONE ENTRÉE</u> Cherry Blossom Chicken With Fried Rice Fruit & Yogurt Parfait <u>Fruit & Vegetable Choices</u> Corn Lima Beans Fresh Fruit Fruit Juice Variety of Milk	<u>CHOOSE ONE ENTRÉE</u> Meatball Sub Mikes Bites with Marinara Fresh Crispy Chicken Salad Fruit & Yogurt Parfait <u>Fruit & Vegetable Choices</u> Mashed Potatoes Collards Peach Cup Fruit Juice Variety of Milk	<u>CHOOSE ONE ENTRÉE</u> Cheesy Enchilada Soup with Breadstick Cheese Quesadilla Both served with Popcorn Chicken Fresh Southwest Salad Fruit & Yogurt Parfait <u>Fruit & Vegetable Choices</u> Crinkle Cut Sweet Potato Fries, Green Beans, Diced Pears, Fresh Fruit Variety of Milk	<u>CHOOSE ONE ENTRÉE</u> Nardone Personal Pan Pepperoni Pizza Fresh Vegetarian Salad Fruit & Yogurt Parfait <u>Fruit & Vegetable Choices</u> Celery Cup Bagged Carrots Mixed Fruit Fruit Juice Variety of Milk

Menu for January
2023

“USDA is an equal opportunity provider.”



Online Payments

Parents may pre-pay for school meals, payment of unpaid meal charges and track what their children are purchasing in the school cafeteria and receive low balance E-mail alerts. For information visit: [K12paymentcenter.com](https://k12paymentcenter.com)

Lunch Prices

Elementary	Middle & High
<u>(K-5)</u>	<u>(6-12)</u>
\$2.75	\$3.00

We provide free and reduced-price meals for eligible students.

Adults pay by the items selected.



Monday January 9	Tuesday January 10	Wednesday January 11	Thursday January 12	Friday January 13
<u>CHOOSE ONE ENTRÉE</u> Fiesta Pizza Fresh Caesar Salad Fruit & Yogurt Parfait <u>Fruit & Vegetable Choices</u> Potato Smiles Green Peas Fresh Fruit Strawberry Cup Variety of Milk	<u>CHOOSE ONE ENTRÉE</u> Taco Tuesday Brown Rice & Tortilla Fresh Ham & Cheese Salad Fruit & Yogurt Parfait <u>Fruit & Vegetable Choices</u> Steamed Corn Seasoned Black Beans Mixed Fruit Fruit Juice Variety of Milk	<u>CHOOSE ONE ENTRÉE</u> Honey Sriracha Boneless Wings with Hushpuppies Fresh Crispy Chicken Salad Fruit & Yogurt Parfait <u>Fruit & Vegetable Choices</u> Veggie Juice Green Beans Applesauce Fresh Fruit Variety of Milk	<u>CHOOSE ONE ENTRÉE</u> Potstickers with Fried Rice Fresh Southwest Salad Fruit & Yogurt Parfait <u>Fruit & Vegetable Choices</u> Steamed Spinach, Crinkle Cut Sweet Potato Fries, Diced Peaches, Fruit Juice Variey of Milk	<u>CHOOSE ONE ENTRÉE</u> Four Cheese Pizza Fresh Vegetarian Salad Fruit & Yogurt Parfait <u>Fruit & Vegetable Choices</u> Mixed Veggies Bagged Carrots Spiced Apples Fresh Fruit Variety of Milk

Breakfast Menu

Monday— Banana Bread

Tuesday— Pancake Sausage on Stick

Wednesday— Breakfast Pizza

Thursday— Ham & Cheese Biscuit

Friday— Cinnamon Bun

Additional Breakfast selections may include: a variety of whole grain rich breads and grains. Examples are: muffin, honey bun, toaster pastry, cereal, graham crackers, breakfast biscuits and more. Juice, Fruit and a variety of milk are offered with all breakfasts.

School Breakfast Prices for 2022-2023

Paid Student Breakfast = \$1.25

Reduced Student Breakfast = Free (Due to State funding)

Monday January 16

**Holiday
No School**

Tuesday January 17

CHOOSE ONE ENTRÉE

Totchos

Fresh Ham & Cheese
Salad

Fruit & Yogurt Parfait

Fruit & Vegetable Choices

Steamed Corn

Applesauce

Spiced Pears

Variety of Milk

Wednesday January 18

CHOOSE ONE ENTRÉE

Grilled Cheese

BBQ on a Bun

Crispy Chicken Salad

Fruit & Yogurt Parfait

Fruit & Vegetable Choices

Baked Beans

Cole Slaw

Mixed Fruit

Fresh Fruit

Variety of Milk

Thursday January 19

CHOOSE ONE ENTRÉE

Chicken Filet on a Bun

Fresh Southwest Salad

Fruit & Yogurt Parfait

Fruit & Vegetable Choices

Waffle Potatoes

Green Beans

Raisins

Fruit Juice

Variety of Milk

Friday January 20

CHOOSE ONE ENTRÉE

Cheesy French Bread

Fresh Vegetarian Salad

Fruit & Yogurt Parfait

Fruit & Vegetable Choices

Steamed Cabbage

Glazed Sweet Potatoes

Fresh Fruit

Cherry Crisp

Variety of Milk

Menu is subject to change
based on availability

Monday January 23

CHOOSE ONE ENTRÉE

Beef Hot Dog on a Bun

Fresh Caesar Salad

Fruit & Yogurt Parfait

Fruit & Vegetable Choices

Spiral Potatoes

Veggie Juice

Raisins

Applesauce

Variety of Milk

Tuesday January 24

CHOOSE ONE ENTRÉE

Cherry Blossom Chicken
With Fried Rice

Fresh Ham & Cheese
Salad

Fruit & Yogurt Parfait

Fruit & Vegetable Choices

Corn

Lima Beans

Fresh Fruit

Fruit Juice

Variety of Milk

Wednesday January 25

CHOOSE ONE ENTRÉE

Meatball Sub

Mikes Bites with
Marinara

Fresh Crispy Chicken
Salad

Fruit & Yogurt Parfait

Fruit & Vegetable Choices

Mashed Potatoes

Collards

Peach Cup

Fruit Juice

Variety of Milk

Thursday January 26

CHOOSE ONE ENTRÉE

Cheesy Enchilada Soup
with Breadstick

Cheese Quesadilla

Both served with
Popcorn Chicken

Fresh Southwest Salad

Fruit & Yogurt Parfait

Fruit & Vegetable Choices

Crinkle Cut Sweet Potato
Fries, Green Beans, Diced
Pears, Fresh Fruit

Variety of Milk

Friday January 27

CHOOSE ONE ENTRÉE

Nardone Personal Pan
Pepperoni Pizza

Fresh Vegetarian Salad

Fruit & Yogurt Parfait

Fruit & Vegetable Choices

Celery Cup

Bagged Carrots

Mixed Fruit

Fruit Juice

Variety of Milk

Monday January 30

**Teacher
Workday
No School**

Tuesday January 31

CHOOSE ONE ENTRÉE

Taco Tuesday
Brown Rice & Tortilla

Fresh Ham & Cheese
Salad

Fruit & Yogurt Parfait

Fruit & Vegetable Choices

Steamed Corn

Seasoned Black Beans

Mixed Fruit

Fruit Juice

Variety of Milk